

Hormonal Release – the Bowen Way, developed by Trevor Rose has gone international in 2013. Well known therapist and Bowen (NST) therapy teacher, Ron Phelan accepted the offer to teach the work, however decided to teach practitioners outside of Australia.

“Having made a number of overseas contacts over the years and knowing how important the work is, I felt I would best honour Trevor’s legacy by making it available to practitioners outside of Australia. Lynda Harris is currently covering the Australian market, so it seemed logical for me to access the European and North American groups.” Ron said.

The first class was in May in the Netherlands with a bumper class of 18 in the group. This was followed classes in Cornwall and London. The second half of the year will see another good size group in Edinburgh and then Warwickshire, England. Classes have also been planned for Nashville, Tennessee and Seattle in Washington state, USA.

The reaction to the class has been fantastic. Lynda and I have updated the original manual, although the content is the same, the usability has been improved and colour photos have replaced the original black and white ones for the overseas market.

“I’m sure Trevor would be very proud to know that his work has travelled this far and reached so many people.”

